

Gordon Greenwood Elementary School

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Newsletter #23

Feb. 21, 2025

Date	Upcoming Events	
Feb. 24	Learning Update Prep/Design & Assessment Day (students not in attendance)	
Feb. 25	Multicultural Day	
Feb. 26	Pink Shirt Day	
Feb. 27	Abilities Day	
Feb. 28	Rainbow Day	
Mar. 4-6	Scholastic Book Fair	
Mar. 5	2 Hour Early Dismissal	
Mar. 6	Student Inclusive Conferences (Instructional Day only for students and families during their 20 minute scheduled appointment)	

Diversity Week



Over the last two weeks, many of our students had the opportunity to participate in "Let's Play Wheelchairs". Through our Physical Education classes, our students participated in a variety of athletics such as wheelchair basketball and wheelchair tennis. Often times, we see and understand the world around us through our own individual lens. With this lens in mind, our PE Teacher, Mrs. Yoon, provided students with meaningful experiences to stretch their thinking through reflection in the areas of inclusion, diverse abilities and

accessibility. We also had the opportunity to have a member of the BC Wheelchair Basketball Team join some of our classes to demonstrate work on some skill building.

As we look towards our upcoming week, our staff and students will continue to reflect and make connections with diversity, inclusivity and accessibility. The following are some details of how our community is able to visibly participate with themes for each day of the week. As a school community, we believe that "Every Child Matters".

	Tues. Feb. 25	Wed. Feb. 26	Thurs. Feb. 27	Fri. Feb. 28
Theme	Multicultural Day	Pink Shirt Day/ Antibullying	Abilities Day	Rainbow Day (staff wear name tag)
School Spirit	Wear something to show your cultural/family heritage	Wear a pink shirt	Wear or bring something to do with a skill, talent, or group/team you belong to	Wear colours of the rainbow

Screenagers - Elementary School Age Edition: Community Screening and Expert Q&A - April 9, 2025

Physician and filmmaker Delaney Ruston examines the growing impact of screen time on young children, exploring the challenges families and educators face in managing digital use. Through personal experiences, expert insights, and the latest research, the film addresses key issues such as social media pressures, video gaming, screen time limits, and the effects of early exposure to technology.

Offering practical strategies for fostering healthy digital habits, Screenagers: Elementary School Age Edition is a must-watch for parents, teachers, and caregivers looking to guide children toward balanced tech use. View trailer: <u>https://youtu.be/EzzzeCny6oU</u>

FREE EVENT: Join other Langley parents and caregivers for a 55-minute documentary screening followed by a Q&A with expert panelists.

Eventbrite ticket page: <u>https://www.eventbrite.ca/e/screenagers-elementary-</u> school-age-edition-tickets-1234161352829?aff=ebdsshcopyurl&utmcampaign=social&utm-content=attendeeshare&utm-medium=discovery&utmterm=organizer-profile&utm-share-source=organizer-profile

Facebook event page: <u>https://www.facebook.com/events/1140497717607292</u>

LEAP (Langley Environmental Awareness Program)

Just this week, students at Willoughby, Richard Bulpitt, and Donna Gabriel Robins elementary schools received a visit from the Travelling Outdoor Education Roadshow. This exhibition was geared towards intermediate students and participants were able to rotate through multiple hands-on and nature inspired stations, as well as Q&A with current LEAP Outdoor Education Student Ambassadors. Unfortunately, our traveling roadshow team is not able to visit all elementary schools across the District, but we would like to extend a special invitation to intermediate families from throughout the District to attend a targeted parent information evening. This information session is for families interested in intermediate enrolment for the 2025-2026 school year (grade 5-7 students).

Please join us on Wednesday, February 26th at 5pm in the Fort Langley Elementary School Library (8877 Bartlett Street in Fort Langley).

Raising Digitally Resilient Kids - Parent Workshop/Resource

The *Raising Digitally Resilient Kids* parent workshop outlines how parents and guardians can support children's well-being and help them balance the risks and benefits of digital media. Based on insights from MediaSmarts' research with youth, the workshop provides an overview of online risk categories and provides resources and essential strategies that participants can take to manage these risks. You can find all of these resources at the link below:

<u>https://mediasmarts.ca/digital-media-literacy/workshops/raising-</u> <u>digitally-resilient-kids?mc_cid=cadc5a99de&mc_eid=43f3fb04f2</u>

This Month in the Arts - February 2025

The Arts are alive and well in Langley schools! Please check out the poster at the link below for a quick glance and overview of all of the amazing Arts events and activities happening across schools in the Langley School District in February!

This Month in the Arts Poster - February.pdf

Virtual Family Math Day - February 22, 2025

The Department of Curriculum and Pedagogy in the Faculty of Education at UBC is hosting a virtual Family Math Fair on Saturday, February 22nd from 10am - 11:30am. UBC Faculty of Education Graduate Students and Teacher Candidates will engage students, teachers and parents in Hands-On, Minds-On Math Activities for all ages. Click on the link to the poster below for more information.

Family Math Day Virtual - Poster 2025 v.2 compressed.pdf

Fraser Heatlh Online Resource:

It's that time of year when we see a rise in illnesses impacting students and staff in our school. We are hearing from families about colds, respiratory illnesses, and stomach bugs circulating in our community. As a reminder to help keep our school community healthy and well, we are sharing this online resource from our community partner Fraser Health. Here you will find information about protecting your child from communicable diseases and managing their illnesses: <u>https://www.fraserhealth.ca/health-topics-a-to-</u>z/school-health/illness-and-immunizations/illness-in-the-classroom

Open Parachute Virtual Parent Night Presentations

The Ministry of Education and Child Care, in partnership with adolescent clinical psychologist Dr. Hayley Watson from **Open Parachute**, will host three, free virtual sessions for parents, guardians and caregivers that will focus on practical skills you can teach your child and youth (ages 0-19) to prevent substance use and mental health needs. These sessions will build on a previous presentation, which focused on practical conversation tools for speaking about substance use prevention with your children/youth. The **previous session** is not a pre-requisite for this session.

Key takeaways for participants during this session:

- Learn the factors that lead to substance use and mental health needs from a trauma-informed lens
- Focus on prevention rather than intervention/response
- Applies to parents, guardians and caregivers of all age groups (youth aged 0-5, 6-10, and 11-18)
- Learn ways that these skills can be applied to yourself and the rest of your family to support the mental health of parents, guardians and caregivers

Participants <u>must</u> register in advance. Session dates are:

- February 20, 6:00-7:30 pm PST
- February 25, 6:00-7:30 pm PST
- February 26, 6:00-7:30 pm PST

Please share this information within your school community to reach parents, guardians, and caregivers of all ages.

If you have any questions, please email the Mental Health and Substance Use team at *educ.mentalhealth@gov.bc.ca*.

Y-Minds: FREE Program for Teens, Youth, and Adults

Y Mind is a FREE seven-week group program for teens, youth, or adults who are managing mild-to-moderate anxiety, stress, or worry. Two facilitators guide the group through evidence-based coping strategies based on Acceptance and Commitment Therapy (ACT), mindfulness, and self-compassion. Group sizes are kept small, with 8 to 12 participants per group to facilitate peer support and connection.

Participants may self-refer, no diagnosis of anxiety is needed, and you do not need to be a YMCA member. All Y Mind Teen and Y Mind Youth participants receive a free YMCA membership for up to 14 weeks, including 10 free guest passes to bring a friend to the Y.

To join Y Mind, you must first register for an information session where you will meet the group facilitators and complete an intake for the program. Spaces are limited, so inquire ASAP to guarantee your spot at an information session.

<u>https://forms.office.com/pages/responsepage.aspx?id=snyDnhYL3E2wNR</u> <u>Me5Joq_bfrfMlzExBJnS5Hx4AQGFdUM0gzRjg5SjhLMDMzRzlZRVdDU1FWS</u> <u>EQxUyQlQCN0PWcu&route=shorturl</u>

Student Inclusive Conferences

The booking window has been extended to 9:00PM Feb 21. Please book your Student Inclusive Conference before then.

School Appointments - Gordon Greenwood Elementary

- March 5th is 2-hour early dismissal for student inclusive conferences.
- March 6th is an instructional day for student inclusive conference. Students do not attend unless it is during your scheduled 20 minute block with your child.

Rainy Weather / Extra Clothing:

Please have extra clothing in your students' bag or cubby, if possible, during this wet and muddy season.

February 2025 Langley MENU – Wednesdays



	Wednesday 02/05	Wednesday 02/12	Wednesday 02/19	Wednesday 02/26
Regular	Beef Meatball Submarine Garden Ranch Salad	Chicken Nuggets Rice Corn Plum Sauce Fruit of the Day	Pancakes Turkey Sausage Apple Blueberry Compote Syrup Fruit of the Day	Chicken Burger Tator Tots Fruit
2 nd Choice	Beefaroni Garden Ranch Salad	Breakfast Burrito Hash Brown Triangles Ketchup Fruit of the Day	Macaroni and Cheese Peas and Carrots Fruit of the Day	BBQ Beef Meatballs Mashed Potatoes Corn Fruit
Vegetarian	Veggie Meatball Submarine Garden Ranch Salad	Vegetarian Nuggets Rice Corn Plum Sauce Fruit of the Day	Pancakes Yogurt Apple Blueberry Compote Syrup Fruit of the Day	Veggie Burger Tator Tots Fruit
Halal	Halal Beef Meatball Submarine Garden Ranch Salad	Halal Chicken Nuggets Rice Corn Plum Sauce Fruit of the Day	Pancakes Yogurt Apple Blueberry Compote Syrup Fruit of the Day	Halal Chicken Burger Tator Tots Fruit



Order.lunchlady.ca

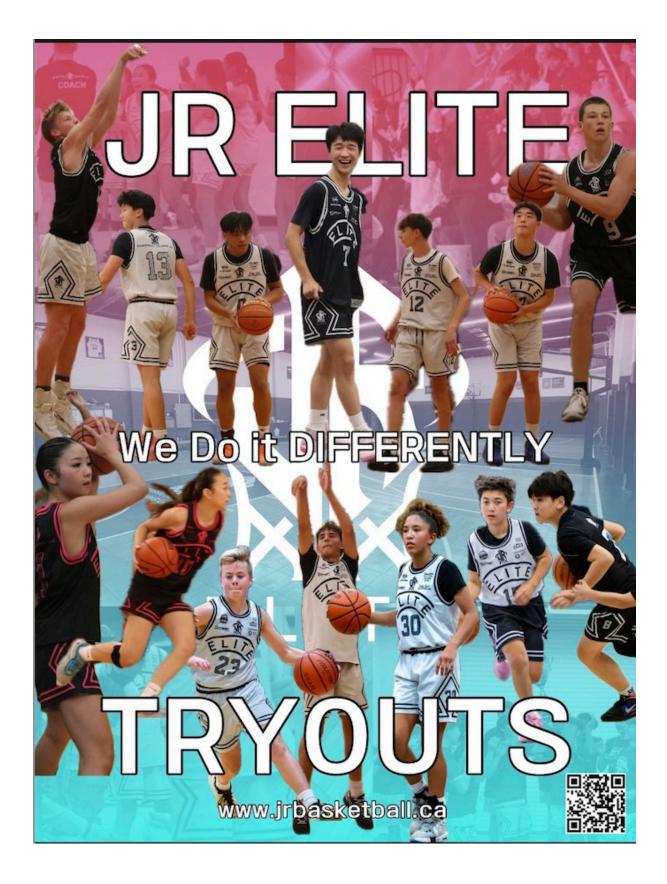
theLunchLady.ca

March 2025 Langley MENU – Wednesdays



	Wednesday 03/05	Wednesday 03/12	Wednesday 03/19	Wednesday 03/26
Regular	French Toast Turkey Sausages Syrup Fruit of the Day	Spaghetti and Beef Meatballs Fruit		
2 nd Choice	Chicken Fried Rice Spring Roll Fruit of the Day	Perogies Sour Cream Peas and Carrots Fruit		
Vegetarian	French Toast Yogurt Syrup Fruit of the Day	Spaghetti and Veggie Meatballs Fruit	SPRING BREAK	SPRING BREAK
Halal	French Toast Yogurt Syrup Fruit of the Day	Halal Spaghetti and Beef Meatballs Fruit		





SPRING BREAK SKILLS CAMP

Mar 24th - 27th, 2025 At JR BASKETBALL TRAINING LAB

+ G3 - G5 (Boys & Girls) 10:00am - 1:00pm + G6 - G8 (Boys & Girls) 1:30pm - 4:30pm + G9 - G12 (Boys & Girls) 5:00pm - 8:00pm

\$249 + GST

EARLY BIRD Feb 28th \$229 + GST

www.jrbasketball.ca

We Do it DIFFERENTLY



SPRING BREAK CAMP

at Walnut Grove Secondary

MARCH 24-28

Grade 4-6 Girls and Boys: 9am-12pm

Grade 7-8 Girls and Boys: 12:30pm-3:30pm

\$175/ player

Camps are run by WGSS coaches Wedan and Goertzen and WGSS players. Each session will include skill development and gameplay.

Email <u>fraserriversturgeon@gmail.com</u> for information and registration.

check out a VANCOUVER CANUCKS GAME



While raising money for Grade 7 students at Gordon Greenwood Elementary School

5 different games 3 price points 1 great gift idea!



https://fevo-enterprise.com/group/Gordongreenwood

VANCOUVER

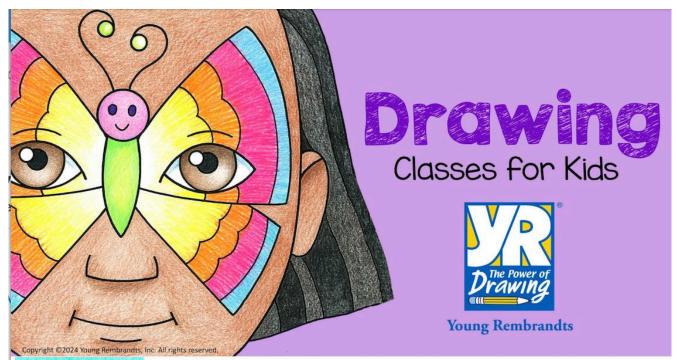


Order between February 1 and February 28 and every packet you buy will earn 40% for our school!



You MUST use the fundraising website to place your order. When prompted to select your organization at checkout, you need to choose 'Gordon Greenwood Elementary.'

Use this QR code to shop or this URL: https://fundraising.westcoastseeds.com





AFTERSCHOOL CLASSES AT: GORDON GREENWOOD ELEM. WEDNESDAYS IN THE LIBRARY

Young Rembrandts teaches drawing, the fundamental skill of visual arts, to children. We intentionally offer child-friendly and relevant subject matter to spark children's interest and increase knowledge retention. Our classes are fun, engaging and offer children a safe, comfortable place to talk about art, learn drawing skills and have fun while surrounded by creativity and encouragement.



CLASS Dates: Jan. 8 - Mar. 12/25

DAY: Wednesdays TIME: 2:35 - 3:35 PM Room: THE SCHOOL Library \$215 for 10 weeks *PAYMENTS OPTIONS AVAILABLE

ENROLLMENT

Visit our website :

www.youngremrbandts/lowermaindland

604-724-7919

] artsbc@youngrembrandts.com



SEE OUR WEBSITE FOR DETAILS ABOUT OUR SPRING BREAK PROGRAMS... Did you know we are hiring Instructors in Surrey & Langley? Reach out for more info!

PAC NEWS

PAC EXECUTIVE

President	- Danielle Chretien	ggepac@hotmail.com	
Vice President	- Rhea Fedorchuk		
Treasurer	- Justine Trenholm		
Secretary	- Elaine Happer		
Hot Lunch	- Margaret Holden	ggepachotlunch@hotmail.com	
DPAC			
Next PAC Meeting – February 19, 6:30 PM in the library			

PAC Facebook Link: https://www.facebook.com/groups/252372494939238

Note: Payments made to MunchaLunch will appear as "GORDONGREENWOOD VANCOUVER BC" on your credit card statement. Please do not reject this payment as you could incur more fees.



https://ggeelem.wixsite.com/gge-pac